

## **Collection Instructions: InSure® ONE™ Fecal Immunochemical Test**

### **Description**

Your doctor has requested an **immunochemical fecal occult blood test**. This test detects the presence of small quantities of blood in the stool. The presence of blood may be a sign of lower gastrointestinal disorders. This test is an excellent screening tool for colorectal cancer. Annual screening for colorectal cancer in adults age 50-75 years reduces colorectal cancer mortality.

### **Storage and Handling:**

The Test Card should be stored at room temperature. Protect from heat and direct sunlight. Use kit prior to the expiration date printed on the Test Card.

### **Do not perform the test if any of the following apply :**

- The Test Card is expired
- You have hemorrhoids that are bleeding
- You have blood in your urine, or there is urine in the toilet bowl
- Three days before, during or three days after menstruation
- You have bleeding cuts or wounds on your hands
- Your toilet bowl contains salt water or is rusty

## **Preparation for Collection**

To do the test, you need the sample collection kit that you received from the Laboratory. **Read all instructions prior to beginning collection.**

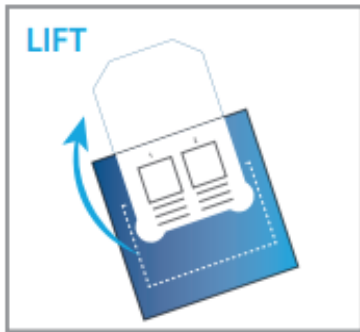
This kit contains:

- 1 Test Card
- 2 Blue brushes Kit
- 2 Blue waste bags
- Instructions for Use
- 1 Reply Envelope

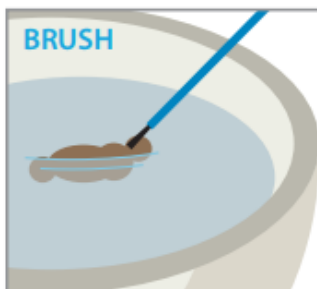
Here are the steps to follow to take a stool sample. For your results to be valid, it is important that you follow each of these steps carefully:

**Take the instructions, Brush Kit and Test Card into the bathroom.**

1. Flush the toilet before you start.
2. After your bowel movement:
  - **Do not place toilet paper into the toilet.**
  - Place used toilet paper in the blue waste bag provided.
3. Do **not** flush the toilet.
4. Lift the flap marked: LIFT HERE FOR SAMPLE. This uncovers two small white squares marked “1” and “2”.



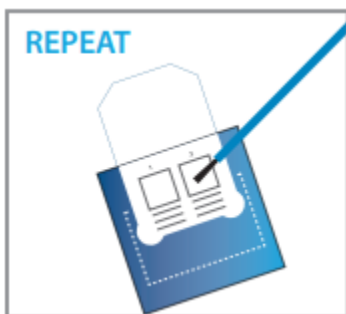
5. Use one of the blue brushes from the kit to gently brush the surface of the stool in the toilet bowl for about 5 seconds.
  - If the stool is loose, simply stir the water around the stool.
  - Remove the brush from the water and gently shake it once to remove any excess water and clumps of stool.



6. Transfer a sample of the WATER ONLY by gently dabbing the bristles of the brush onto the small white square labeled “1” on the test card for about 5 seconds. Discard used brush in one of the blue waste bags.



7. Using the second blue brush repeat the previous step to transfer sample onto the test card on the small square labeled “2”. Discard the used brush in the blue waste bag included in the kit. When you are finished, discard the blue bags in the trash.



8. There is a peel off label located on the back of the instruction sheet. **Print your name, your date of birth, and the date and time of the collection on the label.**



9. Peel off the label and use it to reseal the flap over the squares where the specimen was placed as pictured above.
10. Place the labeled Test Card in the envelope provided. Keep the sample at room temperature. Return the Test Card to the Laboratory as soon as possible; within 14 days of sample collection. **Note: Include physician order in the envelope.**