

Hunterdon Medical Center Laboratory Stool Collection and Containers

Stool Specimen Collection Instructions



The liquids in this container are hazardous!!

- DO NOT REMOVE THE LIQUID FROM THE VIAL.
- > DO NOT DRINK
- > KEEP AWAY FROM CHILDREN

Information:

You have been requested to collect stool sample(s) for laboratory analysis. The collection set may contain 1, 2 or 3 vials, or may contain multiple sets of vials to be collected over several days. Multiple sets of specimens should be collected on separate days at least 24-48 hours apart.

It is important that you follow the instructions carefully.

Collection Procedure:

- 1. Wash your hands before beginning the procedure.
- 2. Place White Collection "Hat" between the toilet seat and the toilet bowl to collect the stool specimen. Do not place any toilet paper into the container or urinate into the specimen.
 - **DO NOT**: Pass the specimen directly into the toilet.
 - **DO NOT**: Pass the specimen directly into the vial.
 - **DO NOT**: Urinate on the specimen.
 - **DO NOT**: Allow water to mix with the specimen.
- 3. Carefully open the vial. DO NOT remove the liquid preservative that is present in the vial.
- 4. Using the spoon attached to the inside of the cap, collect small amounts of stool from areas that are mucoid, watery or bloody. If the stool is formed, collect small amounts from both ends and the middle of the specimen.
 - Fill to the **red line** on the vial. **DO NOT** overfill the vial.
- 5. Mix the specimen with the spoon in the cap. Tighten the cap securely and shake to mix the specimen with the liquid.
- 6. If you have multiple vials repeat Steps 3-5 for each vial. Use the spoon in each cap to fill that vial.
- 7. Label specimen:
 - First and Last Name **UNLABELED SPECIMENS WILL NOT BE ACCEPTED**
 - Date of Birth
 - Date and time of collection.
- 8. Discard White Collection "Hat" Do not return to laboratory.
- 9. Place labeled specimens in a sealed specimen bag and return to the laboratory along with the order for the test(s) to be performed.
- 10. Follow guidelines below for storage and delivery requirements.

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Important Note: Each specimen must be labeled with patient's first and last name, patient's date of birth and date and time of collection.

Stool Culture for Enteric **Pathogens**



Ova and Parasites **Eco-Fix and Clean** Container





Eco-Fix and C&S

Ova and Parasites

C Diff Fecal WBC's Fecal Fat Fecal pH Rotavirus **Fecal Chemistry** testing



Clean Container White Cap Refrigerate after collection. Deliver within 24 hours.

Eco-Fix -Dark Green Cap

Store at room temp.

AND EITHER

Clean Container

White Cap

Refrigerate after collection

OR

C&S Container

Orange Cap

Store at room temperature

Deliver each set of specimens as soon as possible after collection.

Multiple specimens MUST be 24-48 hours apart.

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